

TEACHING GUIDE

Physical education and its didactics in primary school.

COURSE OUTLINE		
Name of the subject: Physical education and its didactics in primary school.		
Module: Enseñanza y aprendizaje de la educación física.		
Code number: 202110205	Curriculum year: 2011	
Type: Compulsory / optional	Academic course: 2021-22	
ECTS Credits: 6	Course: 2º	Semester: 1º
Language of classes: English		

TEACHING STAFF INFORMATION				
Coordinator: Pedro Sáenz-López Buñuel				
Department: Didácticas Integradas				
Knowledge area: Didáctica de la Expresión Corporal				
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Office hours first semester:				
Monday	Tuesday	Wednesday	Thursday	Friday
11:30-14:00		11:00-12:30	17:30-19:30	
Office hours second semester:				
Monday	Tuesday	Wednesday	Thursday	Friday
	10:00-13:00		10:00-13:00	
OTHER TEACHING STAFF:				
Name and surname:				
Department:				
Knowledge area:				
Office number:	Mail:		Phone:	
URL Web:				
Office hours first semester:				
Monday	Tuesday	Wednesday	Thursday	Friday
Office hours second semester:				
Monday	Tuesday	Wednesday	Thursday	Friday

CLASSES HOURS

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-11:00		12:30-14:30		

SUBJECT DESCRIPTION

PRE-REQUISITES AND RECOMENDATIONS:

BASIC COMPETENCES

CG.1.- Learning to learn.

CG.3.- To apply a critical, logic and creative thinking.

CG.5.- To work in a collaborative way.

CG.14.- Skills to work by teams in a cooperative way, to organize and plan the work, making decisions and solving problems in both individually and cooperative way.

CG.15.- Skills to use different information sources, to select, analyze, synthesize and extract important ideas and manage the information.

CG.16.- Critical and creative skills to analyze, plan and develop tasks, as the result of flexible and divergent thinking.

CG.18.- Ethic commit to develop teaching tasks.

TRANSVERSE COMPETENCES

CE.53.- To understand the principles that contribute to cultural, personal and social training in Physical Education.

CE.54.- To know the school curriculum of Physical Education

CE.55.- To acquire resources to improve adherence to physical activities inside and outside of the school.

CE.56.- To acquire practical knowledge of the class and its management.

LEARNING OUTCOMES:

1. Know and value the importance of physical education activities for the integral formation of students.
2. Know the new concept of physical education and health orientation.
3. Understand and develop the basic content of physical education in primary.
4. Experience a working methodology that allows students practice reach different resources for further teaching.
5. Encourage spontaneity and interpersonal communication.
6. Submit methodological resources necessary for teaching physical education in primary.
7. Provide resources so that students use physical activity as a means of promoting active and healthy lifestyles.

TEACHING METHODOLOGY

Learning and teaching activities	Hours	Presence percentage
Lecture hours	33	100%
Supervised practical workshop	12	100%
Independent learning hours	105	0%
Other	0	

Big group classes will be developed with maximum participation of the students, doing several theoretical and practical activities and using different teaching resources (manuscripts, researches, videos and another materials). Small group classes will be practical, using different methods and looking for the maximum participation of the students. They will know how to teach or guide a PE lesson.

CONTENTS

1. HISTORICAL EVOLUTION OF THE PHYSICAL ACTIVITIES.
2. THE IMPORTANCE OF THE PHYSICAL EDUCATION IN THE CURRICULA IN PRIMARY SCHOOL.
3. THE BODY. IMAGE AND PERCEPTION.
4. MOTOR SKILLS.
5. BODY EXPRESSION.
6. PHYSICAL ACTIVITY AND HEALTH.
7. GAMES AND SPORTS ACTIVITIES.
8. METHODOLOGY AND EVALUATION IN PHYSICAL EDUCATION.
9. PHYSICAL EDUCATION IN STUDENTS WITH SPECIAL NEEDS.
10. PROGRAMMING OF PHYSICAL EDUCATION IN PRIMARY.

BIBLIOGRAPHY

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- Ramos, F. y Ruiz Omeñaca, J. V. "la educación física en centros bilingües de primaria inglés-español: de las singularidades propias del área a la elaboración de propuestas didácticas prácticas con aible". Loyola Marymount University y CEIP Las Gaunas
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ASSESSMENT

Evaluation criteria will be based on the development of generic and mainly specific competencies.

The assessment system will be in accordance with the teaching-learning process developed in this course. A formative and continuous evaluation will be carried out through the following elements:

- Attendance and active participation in classes, both theoretical and practical.
- Assessment of theoretical and practical activities in class.
- Participation in discussions, work seminars, class activities, etc.
- Ability to work in groups.
- Interest in the work (individual, collective and willingness to participate).

The final evaluation will be achieved considering the scores in each of the following activities:

PARTICIPATION. Group work, oral presentations and discussions on contents. 30 %
PRACTICE. Complementary activities dealing with practical sessions. 30 %
THEORY. Written exam or portfolio. 40 %

The student can choose one of these options:

EVALUATION OPTIONS	Participation 30	Practice 30	Theory 40
OPTION A	Class Activities	Exam or Weekly assignment	Exam
OPTION B (attendance over 70%)	Class Activities (assignments, breaks, search manuscripts, summary or conclusions)	Weekly assignment	Exam with notes
OPTION C (attendance over 80%)	Class Activities (assignments, games, manuscripts search, summary or conclusions)	Weekly assignments	Portfolio: (Notes, presentations, report of readings, references, searches, all the activities)

“Final results will be given in terms of a numerical scale between 0 and 10 (including tenths), with the corresponding qualitative ratings below:

- ≤4.9: Fail (D)
- 5.0 - 6.9: Pass (C)
- 7.0 - 8.9: Pass with Merit (B)
- 9.0 - 10: Distinction (A)

The total number of excellent (10) cannot exceed 5% of the students enrolled in the subject in the academic year (unless the number of students enrolled is lower



to 20, in which case one excellent can be awarded)

The grading system is subject to the Bachelor's Degree Exam Regulations of the University of Huelva (Normativa de Evaluación para las Titulaciones de Grado de la Universidad de Huelva). Please refer to:

<http://www.uhu.es/sec.general/Normativa/Texto_Normativa/Normativa_de_Evaluacion_grados.pdf>.

In particular, please note that make-up exams and other special circumstances will be subject to article 19 of these regulations".